# Home Agent's Notes

Prepared by
Elizabeth W. Pancake
Ass't. Home Agent

It's about time for little heaps of leaves to scurry about, for glowing bon-fires and tall fireside tales. Somehow, we've come to associate with these scenes certain foods:- cider or coffee, doughnuts and pumpkin pies.

Speaking of fireside tales, here is a yarn for the doughnut dunkers. The "why" of the hole in the doughnut began aboard a Yankee ship skippered by a Maine sea captain. While at sea, the men would take their doughnuts, a fried cake, such as served in that day in English coffee houses, on deck or on the bridge. To keep the fried cakes out of harm, the sailors stuck them on the spoke of the wheel until they had a free hand. Their thrifty captain resented the loss of food made by the hole and ordered the cook to make a doughnut with a hole so that the cake could be hung. Although the need for the hole is past, the idea has stayed with us.

Doughnuts will soon be in the height of their popularity when winds blow chill and the moon shines over the harvest. They are perfect fare for fall parties for they can be dressed up in a jiffy. Using doughnuts purchased from bakery or food shop, add a topping, a filling, or a special frosting. The cheering section will let out a whoop for Chocolate Peppermint Doughnut Sundaes, Butter Pecan Doughnuts, or Cheese Toasted Doughnuts. Perfect for nibbling with coffee or cocoa at the fireside party are Maple Toasted Doughnuts, Cinnamon Tosties, and Mocha Cream Doughnuts.

**Chocolate Peppermint Doughnut Sundae**

1-2 dozen plain doughnuts
1 pint peppermint stick ice cream
3-4 cup chocolate fudge sauce

Slice doughnuts in half, crosswise. Place 1-3 cup peppermint stick ice cream between doughnut halves. Pour 2 tablespoons chocolate fudge sauce over each serving. Yield: 6 Chocolate Peppermint Doughnut Sundaes.

**Butter Pecan Doughnuts**

1-2 dozen plain doughnuts
2 tablespoons soft butter or margarine
2 tablespoons brown sugar
2 tablespoons chopped pecans

Slice doughnuts in half, crosswise and spread each half with 1-2 teaspoon butter. Sprinke 1-2 teaspoon brown sugar and 1-2 teaspoon nuts over each doughnut half. Heat in a shallow pan in a hot oven (400 degrees F) for five minutes. Yield: 12 Butter Pecan Doughnuts.

**Cheese Toasted Doughnuts**

1-2 dozen plain doughnuts
3-4 cup grated sharp cheese.

Slice doughnuts in half, crosswise and sprinkle each half with one tablespoon cheese. Heat in a shallow pan in a hot oven (400 degrees F.) for five minutes. Yield: 12 Cheese Toasted Doughnuts.

**Maple Toasted Doughnuts**

2 tablespoons butter or margarine
2 tablespoons maple flavored syrup
4 doughnuts
1-4 teaspoon cinnamon, if desired

Melt butter in a skillet. Add syrup and blend. Cut doughnuts in half, horizontally, and place, cut side down, into skillet until toasted. Sprinkle toasted doughnuts with cinnamon, if desired, and serve. Yield: 4 servings.

**Mocha Cream Doughnuts**

1-2 cup heavy cream
2 tablespoons confectioners sugar
1-2 teaspoon instant coffee
1-2 teaspoon vanilla extract
4 plain doughnuts
2 teaspoons chopped nuts

Beat cream, confectioners sugar, coffee and vanilla extract together with a rotary beater until stiff. Slice doughnuts in half, crosswise. Spread 2 tablespoons cream mixture between halves of each doughnut. Fill the center of each doughnut with 1 tablespoon cream mixture and sprinkle 1-2 teaspoon nuts over top. Yield: 4 Mocha Cream Doughnuts.

## About The Home

There are many ways to bring out the beauty of paneling. It can be made formal, dramatic or homey. Wood paneling is as much at home in a modern setting as in period setting. It depends on the finish you choose and the way the wood is constructed into a wall.

Three of the most popular woods used today are combed plywood, pine, and fir plywood. These woods are not expensive and are easy to work with. Phillipine mahogany is another popular wood but is a bit more expensive. Redwood had long been a favorite for outdoor and indoor paneling. The redwood, like mahogany, is a little higher in cost but is usually hard and will take a lot of punishment.

A lovely mellow warmth can be given to poplar paneling when the wood is first sealed with white shellac to which a touch of umber has been added. When this is dry, brush on a coat of yellow paint and rub it on with a coarse rag. Let this dry thoroughly and apply a generous coat of paste wax. Polish with an electric buffer to a mellow glow.

Phillipine mahognay is such a beautiful wood in the unfinished state that most people prefer to do as little to it in the way of a finish as possible. Three coats of wax will provide enough of a seal and will give a surface to wash or wax clean. More gloss can be had if two coats of lacquer are applied at a few hours interval.

Pine can be given a mellow look by using a coat of maple stain, then rubbing with fine steel wool. Finish by applying a coat of clear shellac. If it has too much gloss, go over the paneling with steel wool again and last a coat of paste wax.

An interesting finish, sometimes called "pickling" makes use of color but keeps the grain and effect of wood. To do this, first apply a coat of colored stain (green, blue or whatever you choose). While still wet, brush the stain with a dry brush. Next, give it a coat of clear, high-gloss varnish. Sand lightly when dry. Finish with a coat of satin varnish.

# Stonewall

Stonewall, Oct. 9.- We are so glad to have some clear weather, after so much rain and cloudy weather.

Mrs. Florence Carson, of Richmond is spending a while with Mr. and Mrs. C. M. Stratton.

Miss Joean Pitts, of Richmond, spent Tuesday with Mrs. H. B. Jones.

Mr. and Mrs. S. P. Glover, of Amherst visited Mr. and Mrs. Irby Wheeler last Sunday.

Mr. and Mrs. E. L. Chick and Rev. Colie Rock visited Mr. Henry Beard, who is on the sick list, last Sunday afternoon, He has been real sick for several days. We wish him a speedy recovery.

Mr. and Mrs. Irby Wheeler were the supper guests of Mr. and Mrs. Howlette Martin last Thursday night.

Miss Kate Davidson and Mr. and Mrs. John Alvis, Jr. and children spent the week - end at Orange, Va., with Mr. and Mrs. Herbert Matthews, Jr. and Mr. and Mrs. Herbert Matthews, III,

Mr. and Mrs. O. R. Turnes visited her sister, Miss Alva Moore in Lynchburg last week. She has been on the sick list. Glad she is better.

Mr. and Mrs. John Kemp, of Norfolk spent the week-end with her brother and sister-in-law, Mr. and Mrs. C. D. Carson. They also visited her mother, Mrs. Lula Morgan in Roanoke on Saturday. Mrs. Morgan has been on the sick list, and now getting better.

Mr. and Mrs. Percy Garrette, of Vera and Mr. and Mrs. Crantz were supper guests of Mr. and Mrs. Irby Wheeler on Saturday.

Mrs. Marvin Taylor spent the week-end with her mother, Mrs. Mary Mills in North Carolina.

**A COINCIDENCE**

Waterloo, Iowa.- When Mrs. Sheridan Knapp was admitted to the maternity ward of the Allen Memorial Hospital here recently, she was placed in Room 208, Bed 1,—the same room and bed occupied by her mother in 1937 when Mrs. Knapp was born.


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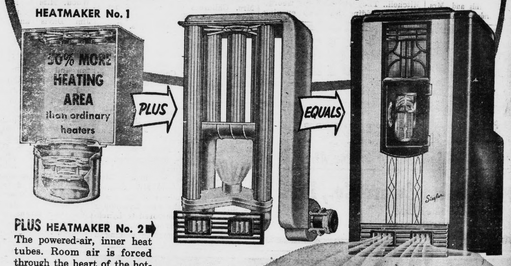


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# Garden Talk

By
Appomattox Garden Club

Talk about African - violets is an article several weeks ...lked of the propagation ...a - violet plants, begin- ...h a leaf and having a ...ge with blooms in six ... We shall begin with this ...ant today.

African - violets have become the ...opular house plants in Amer- ... It is because of the chal- ...ty present. None but the ...y spirit and the young ...et have the nerve or ...to undertake the culture ...temperamental a plant. But ...fter the influence of the ...ful little plants, you ...t "get carried away" and ...en overflowing of the place. ...ome scores upon you so grad- ...at one morning you have to ...k to the family, move sev- ...tables and rinse out several ...bowls before breakfast can ...ed!

...re a beginner with Afri- ...-violets, you'll want to start ...few good, but easily grown ... The following will start ...thusiastically on your ca- ...

...Girl Supreme — large, mid- ...blue flowers; striking, scal- ...edge foliage with a cream ...ast. (This sounds like a ...cial, doesn't it?)

...an Boy — a variety with ...red - violet blooms; glossy, ...green leaves.

...e Lady — free - blooming, ...white flowers.

...Beauty — color of blos- ...apple - blossom pink; light ...foliage—

...there are Purple Prince, ...Red, Blushing Maiden, White ...Redhead Supreme, Sailor Girl, Periwinkle, Dixon's Purple, Purity, Double Neptune, and Sailor's Delight.

These above named varieties start off with a profusion of blossoms, conditions being favorable. There are hundreds of named varieties, some of which are collector's items, but slow growers and sparce bloomers.

How to water? Water as you do other house plants—from the bottom or the top. The most important thing to remember is not to give them too much water, or to allow them to get too dry. Water them when the top soil begins to feel dry. Do not let them set for longer than 8 or 10 hours in an overflow of water.

Where to grow them? In an east window, or a northern exposure, if it is in direct light. Too much sun will scorch the foliage, and too little light will cause the plant to stop blooming. The temperature must be from 60 to 75 for best results. Very high temperatures tend to slow growth. And African - violets need lots of fresh air, but no cold drafts. (See what I mean about temperament?)

What kind of soil? A mixture of 4 parts good garden soil, 2 parts leafmold or granulated peat moss, 2 parts of well-rotted manure, and 2 parts sand. Add 1-2 cup of bone meal to 2 gallons of the mixture. Add 1-4 cup of charcoal per gallon to avoid possible soil sourcing. (Or buy especially prepared African - violet soil).

How to feed? Don't overfeed your plants. Full-grown plants may be fed once a month. To make a liquid food solution, dissolve 1-4 teaspoon of high analysis, dry plant food in 1 quart of water. Hyponex, Plant Marvel, or some such plant food, will give fine results—Or two level teaspoons of superphosphate in a quart of warm water will do. And with a complete fertilizer, 5-10-5 or 6-10-4, use 1 teaspoon to a quart of water.

When to repot? When the roots have filled the pot. You can check by lifting the whole plant out of pot and examining for a thick white net of roots next to pot.

African - violets are pestered by insects, especially mealy bugs — they will cause a plant to collapse if allowed to remain on long enough to suck the sap out. Touch them with a cotton swab and rubbing alcohol, cologne, or fingernail polish remover. Repeat every 2 or 3 days.

Does all this sound intriguing? When you have a window shelf full of pink, white, blue and purple violets blooming constantly through the winter, and even when snow is their background, you will be an African - violet fan, too.

**THIEF DISAPPOINTED**

Spokane, Wash.- The thief who stole a woman's purse here recently got approximately $32, but he's going to have a lot of trouble spending it. The purse, belonging to a visitor from Turkey, contained 90 Turkish lire, worth about $32 at the current exchange rate.

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# Local FFA Boys Win Awards

... Brod Pack with Prize Winner

Two members of the Robert E. Lee F. F. A. Chapter, Frank Inge and Brod Pack, won first place blue ribbon awards for dairy animals shown at the Farmville Five-County Fair. Brod Pack, freshman member of the local F. F. A. Chapter won first place with a registered Guernsey heifer in the Yearlings Heifer class. Frank Inge, senior and Chapter president, placed first with a registered Holstein yearling heifer.

Henry Covington, showing a grade Guernsey heifer placed second in the class. Henry is also a freshman member of the local F. F. A. Dennis Torrence, a sophomore member of the Future Farmers of America, won a second place red ribbon with his Holstein heifer. These boys and others in the local Chapter are training and grooming their animals to show in the Lynchburg Farm Show, October 11 and 12.

**DOGS TREE MONKEY**

Irving, Texas.- For three nights in succession, hounds in the neighborhood of Mrs. Virgil Barton's home have treed a long-tailed grey monkey. The pet monkey, eluded capture by the dogs by skipping across the tree-tops.

**OAKVILLE HOME DEMONSTRATION CLUB**

The Oakville Home Demonstration Club held its regular monthly meeting Thursday, Oct. 4, at 2:00 P. M., with Mrs. Clark Moore.

There were twelve members present. The meeting was begun by a prayer by Mr. Elaine Moore, and scripture by Mrs. O. W. Martin, Jr. Suggestions and material for the completion of the scrap book were discussed. A nominating committee for the 1957 officers was elected, consisting of Mrs. Clark Moore, Mrs. C. D. Lewis and Mrs. O. W. Martin, Jr. Each member was asked to bring a home-made gift suggestion to the November meeting.

Mrs. Clark Moore, the Federation Goal leader, gave a talk on Health and Beauty.

Demonstration on "Good Home Lighting for Health and Safety" was given by Mrs. O. W. Martin, Jr. After the meeting a social hour was held, with the hostess serving delicious refreshments.

The greatest of faults is to be conscious of none. —Thomas Carlyle.

**VIRGINIA'S RETURNS FROM FEDERAL EXCISE TAX IS INCREASED**

According to I. T. Quinn, Executive Director of the Commission of Game and Inland Fisheries, the Fish and Wildlife Service of the Department of the Interior, has just notified the office of the Commission that the pro-rated allotment of Pittman - Robertson funds derived from a federal excise tax on sporting arms and ammunitionsw illbe $325,287.43 for the fiscal year ending June 30, 1957.

The Commission was also notified in the same communication that revenues derived from the federal excise tax on sport fishing tackle will be alloted to the Virginia Commission in the amount of $81,344.46. This is the greatest amount of money, according to Quinn, that Virginia has ever received from Pittman - Robertson funds and from Dingell - Johnson funds: a total of $406,631.89.

In order for the Virginia Commission of Game and Inland Fisheries to participate in these funds, it is required under the law for it to match with one dollar every three dollars pro-rated to Virginia under the two federal acts.

**TAKING NO CHANCE**

Westerly, R. I.- When Mrs. Cendonia Mowrey, 52, leaves the hospital after recovering from her fifth automobile accident, she will go home in a pony cart. She instructed her husband, Rochester, to round up the pony and side-seat cart. She was injured five times in auto accidents and has been in the hospital a month recovering from her most recent injuries.

# Wins Free Trip to Europe

E. W. Brunson, Jr., son-in-law of Mr. and Mrs. John Marshall, of Appomattox County, recently won an all-expense-paid trip to Europe in a nationwide sales contest among Hotpoint dealers.

Brunson's is operated in Chesterfield, S. C., by E. W. Brunson, Sr., and Emmett Brunson, Jr.

This Hotpoint Presidential World Tour, as the trip is called, is the second won by Brunson's. Emmett Brunson, Jr. took the trip September of last year, and also again this year.

Mrs. Brunson visited her home people here while her husband was on the European trip. In another contest, the firm won a trip to Nassau this summer, the trip being taken by Mr. and Mrs. E. W. Brunson, Sr.

The latest European trip lasted two weeks, and called for visits to seven countries. He was to leave by plane September 17.

Appomattox is a growing town.


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**The power is new**—with Silver Anniversary V-8's to fit every horsepower need.

**The style is new**—a revolutionary, sharp, brilliant, clear-cut design that will stand out in traffic.

**The comfort is new**—a rock-solid velvet-road ride.

**The braking is positive** — silky smooth when your toe says "whoa." The steering is light and firm.

This is a great automobile, from the large honest dial faces on the instrument panel to the effortless loafing way it cruises.

**The new Ford begins with the "Inner Ford."** Its new elegance comes from within, from the way its automotive muscles are put together. All the changes are toward more rugged endurance, toward increased power, toward smoother operation. These are the bases for its "Mark of Tomorrow" elegance. *This is the one fine car in the low-price field.*

There are actually 19 different new kinds of Ford—and no matter which one you choose, it's yours at low Ford prices!

**How does it look?** It's only fourteen hands high—as tall as a child's pony. You can stand beside it and lean your elbows on its roof. And it's over seventeen feet long . . . 21 inches wider than it is high!

This big new Ford looks like the fun on a travel poster. It's the kind of car that looks sunshiny in the rain.

It looks as fresh as morning.

It looks like tomorrow—like the first thing out of Detroit that symbolizes the new Age of Movement.

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